



ΙΔΡΥΜΑ  
ΑΙΚΑΤΕΡΙΝΗΣ  
ΛΑΣΚΑΡΙΔΗ  
ΤΟΜΕΑΣ ΨΥΧΙΚΗΣ ΥΓΕΙΑΣ

## MEETING

### **Synergy project: "Feel, think, act: From school to society"**

**Saturday 7 December 2024** , Historical Library, 2nd Merarchias 36 & Aktis Moutsopoulou, Piraeus

## Programme

**9:30- 10:00** Registration

**10:00-10:10** Welcome(s)

**FIRST SESSION: Introduction, description of Synergy, principles and theoretical framework.**

**10:10-10:20** *The Synergy model: 10 years of application.*

**Katerina Laskaridis** (Bsc., MSc. MEd) Vice President of the Aikaterini Laskaridis Foundation, Head of Mental Health Sector.

**10:20-10:40** *The theoretical background of the program and current thoughts on the topic of challenging behavior.*

**Katerina Sofianopoulou**, Psychologist, MSc Health Promotion, Cognitive-behavioral psychotherapist.

**10:40- 11:00** *Skills and challenges from the implementation of the programme since 2014.*

**Dr. Elena Youroukou**, Psychologist.

**11:00-11:20** *The evaluation of the programme.*

**Prof. George Bagakis**, Professor Emeritus, Department of Social and Educational Policy, University of Peloponnese.

**Prof. Athanasios Koulis**, Professor at the Gymnasium of Lampia, University of Peloponnese.

**11:20-11:40** Questions

**11:40-12:00** Break



**SECOND SESSION: The school and the importance of implementing the Synergy programme.**

**12:00- 12:20** *Confronting our biases.*

**Prof. Richard Mills**, Head of Research and Clinical Support, AT-Autism, Research Fellow, Dept Psychology, University of Bath.

**12:20-12:40** *The sense of identity and "belonging" as described by autistic girls attending mainstream schools.*

**Dr. Georgia Pavlopoulou**, Professor of Developmental Psychology and Neurodiversity. Director of the National Autism Educators Programme, UK Health Programme.

**12:40-12:50** *My experience at school. Two adults on the autism spectrum talk about life at school.*

**Mary Mitsaki, Dimitra Chasouri**, Administrators of autism.greece.

**12:50- 13:00** Questions

**13:00-14:00** Break

**THIRD SESSION: The implementation of the Synergy programme in schools of Greece.**

**14:00-14:20** *The implementation of the Synergy programme in schools. First case study.*

**Josefina Tzonaka**, General and Special Education Teacher.

**14:20-14:40** *Second case study. The implementation of the program at the Primary School of Varkiza.*

**Avgi Skeva**, Director of the Special Primary School of PIKPA Voula.

**Dimitris Lyras**, Deputy Principal of Varkiza Primary School, Teacher of integration.



ΙΔΡΥΜΑ  
ΑΙΚΑΤΕΡΙΝΗΣ  
ΛΑΣΚΑΡΙΔΗ  
ΤΟΜΕΑΣ ΨΥΧΙΚΗΣ ΥΓΕΙΑΣ

**14:40-15:00** *Third case study. The implementation of the programme at the 10th Primary School of Ag. Demetrios.*

**Afroditi Sakellaridou**, Director of 10th Dim. School of Ag. Demetrios.

**15:00-15:20** *Third case study. The implementation of the programme at the Special Primary School for Autistic children in Piraeus.*

**Evanthia Anastasiou**, Special Education Teacher.

**15:20- 15:40** *Fourth case study. The implementation of the programme in the 6th Primary School of Heraklion.*

**Eleni Masoura**, Teacher, 1st KEDASY B' Athens.

**Athena Boura**, Psychologist, 1st KEDASY B' Athens.

**15:40- 16:00** Break

**FOURTH SESSION: The implementation of the Synergy programme in structures outside the school environment.**

**16:00- 16:20** *The Synergy programme in mental health and care facilities for autistic adults.*

**Chris Atkins**, Director, Head of Education and Social Care, AT-Autism, Tutor, University of Birmingham.

**16:20-16:40** *The impact of the Synergy project on the staff of the NHS Nursing Service.*

**Louise Storie**, Head of Connect, Neurodiversity training, consultancy and Advice service, Donaldson Trust, Scotland.

**16.40-17:30** Discussion/ Conclusions

**Moderator: Sophia Levanti**, Mental health programmes coordinator, Aikaterini Laskaridis Foundation.